

5a) Attachment

Healthy Communities Partnership Project

Date: May 20, 2015

Presented by: Kristy Harper RN BsCN MN

Manager of Chronic Disease & Injury Prevention and Sexual Health

Healthy Communities Partnership Project

The project is a district-wide community-based program funded by the Ministry of Health and Long-Term Care

The partnership aims to help people lead healthy and active lives with the emphasis on physical activity opportunities and healthy eating choices



Building Healthy Communities & The Ontario Public Health Standards

- Algoma Public Health shall work with municipalities to support healthy public policies and the creation or enhancement of supportive environments in recreational settings and the built environment regarding multiple chronic disease prevention topic areas, including physical activity and healthy eating.
- Algoma Public Health shall increase the capacity of community partners to coordinate and develop regional/local programs and services through skill-building opportunities, sharing best practices and mobilizing and promoting access to community resources.



Healthy Eating Policy Outcomes (2014/2015)

- Increase access to healthy food choices at municipal parks and recreation facilities
- Increase the accessibility, affordability and availability of healthy foods through community design



Healthy Eating & Recreational Facilities

Invited 25 recreation facilities across the Algoma District to participate in an online survey. The purpose of the survey was to provide information about the food environment, including:

- Healthier food choice policies and practices
- Barriers to developing healthy food policies
- How to help recreation providers develop healthy food choices



COLD DRINKS	
Fountain Drinks	Bottled Drinks
Small 4.00	Water 4.00 5.50
Medium 4.50	Juice 4.00
Large 4.75	
ICEE 4.00 5.00	

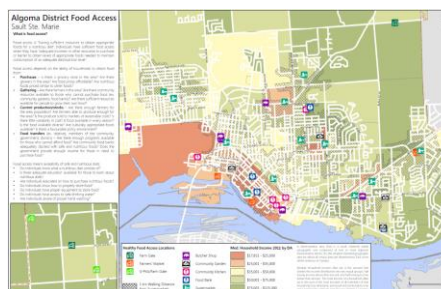
Consumer Survey developed for input regarding availability of food options at recreational facilities



Increasing the Access of Healthy Foods Through Community Design

GIS mapping for local food access in the Algoma District

- Food Deserts
- Food Swamps



Physical Activity Policy Outcomes (2014/2015)

- Land use designations and transportation master plans should prioritize patterns and densities that support physical activity.
- Increase access to recreation opportunities through community design. Provide parks, green space and recreational trails as an interconnected system.



Municipal Planning and Land Use

Support & Encourage Municipal Official Plan Reviews

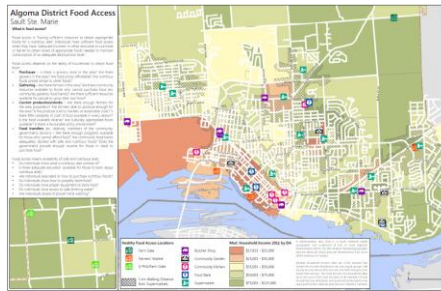
- Encourage municipalities to look at active transportation plans in their communities where available.
- Infrastructure to encourage active living (i.e. trails, cycling paths, bicycle racks in business and workplaces).

Support & Encourage Rural Active Living Assessments (RALA)

- Targets communities less than 10,000.

Increasing Access to Physical Activity Through Community Design

GIS mapping physical activity opportunities in the Algoma District



Building Healthy Communities: Next Steps

- Healthy Communities Partnership Project Budget
- Healthy Communities Partnerships
- Healthy Communities Projects and Resources

Building Healthy Communities Together ...

Thank you

