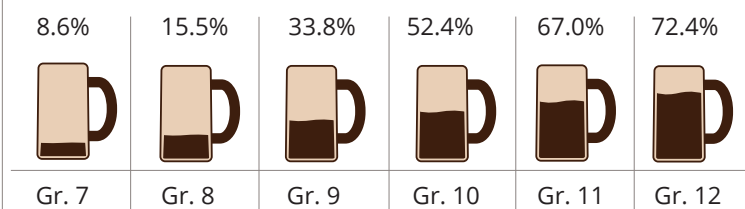


## % of students who drank alcohol in the last 12 months<sup>1</sup>



Drinking increases significantly by grade from 8.6% in grade 7 up to 72.4% in grade 12.

## Last 12 months<sup>1</sup>



## Binge drinking<sup>1</sup>



About **20%** of students report consuming 5 or more drinks on one occasion.



## Parents: tips on how to get you through the teen years

- Spend quality time together as a family. Allow your child to talk and ask questions
- Avoid making alcohol appear to be glamorous
- Avoid using alcohol as a way to cope with stress
- Get to know your child's friends as well as the parents of those friends
- Encourage your child to tell you where they are going to work with them to develop a plan to ensure their safety
- Do not mix alcohol with medications

## Safer alcohol drinking tips

- Drink slowly.
- Set realistic limits for yourself.
- Have one non-alcoholic beverage for every alcoholic beverage consumed.
- Do not mix alcohol with energy drinks.
- Ensure that you eat before and while you are drinking alcohol.
- Always stay with a friend.
- Never get behind the wheel of a vehicle or with someone else who is impaired.

A spotlight effect is centered on the title, with a bright light source at the top and a cone of light illuminating the text below.

## Spotlight on Alcohol Liability & Youth: What Parents Need to Know!

Your daughter, who is of legal drinking age, wants to have a graduation party for her friends at the family camp. Past events at the camp have been pretty wild, with lots of drinking and unrestrained conduct. However, your daughter promises that she won't let people drive if they have had too much to drink.

### **Do you say "Yes" or "No" and WHY?**

Parents need to be aware that they have a big responsibility not only to their own children, but to other children if they're thinking about providing alcohol and/or not supervising parties. A person who holds parties for minors where alcohol is present is liable for any crimes and injuries related to alcohol consumption, and may face criminal charges or be sued. **It's illegal to buy alcohol for a minor.**

Never providing a minor with alcohol is an important part of protecting both yourself and the minor from potentially devastating consequences.

However, the fact that you did not supply the alcohol does not mean you have no responsibility. Social host liability is an evolving area of the law and hosts may not be able to avoid responsibility just because they did not actually provide the alcohol. Allowing underage drinking in your home or on your property or failing to ensure proper supervision for teen parties may render you responsible for any negligent act committed by the minor.

Even if your children and their friends are of legal drinking age you may still be considered responsible for crimes or injuries related to alcohol consumption in your home or on your property. Remember to talk to your children about responsible hosting!

Learn more: <http://www.deflatetheelephant.com/>

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