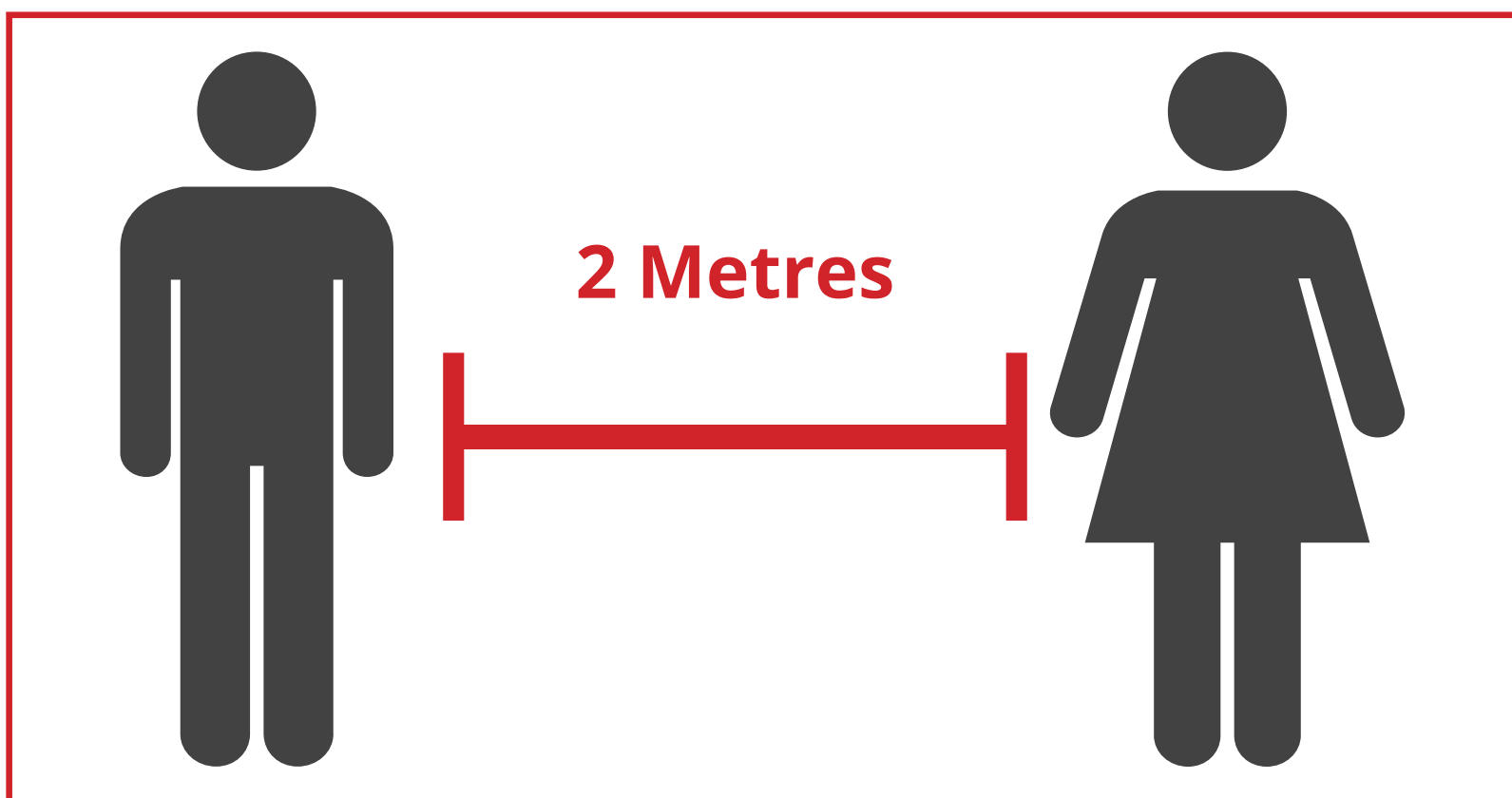


Physical Distancing

Protect yourself and the community.

Leave home only if you absolutely have to and make sure to practice physical distancing.



Take these steps to avoid the spread of COVID-19



Avoid close contact with those outside your immediate family



Wash your hands often, and for 20 seconds



Don't touch your face (eyes, nose or mouth)

Welcome home. *Go straight home.*

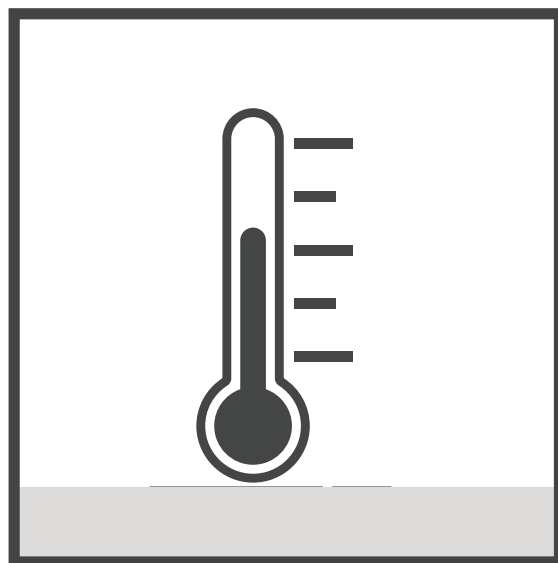
While you were travelling, you may have been exposed to COVID-19. Staying home means that if you are sick, you do not spread the virus in the community.

- Do not use public transit
- Do not go out into public places
- Do not go get groceries or run errands
- Go straight home

If you need community support, visit our website for resources available in Algoma.



Self-isolate for 14 days



Monitor for symptoms



**Call your doctor or
Algoma Public Health
if you are sick**

Feeling sick?

Get home quick!

If you have cold or flu-like symptoms, STAY HOME. Protect your community.



Cough or sneeze into a tissue or into the elbow of your sleeve



Wash your hands often, and for 20 seconds



Worried you may have COVID-19? Call your healthcare provider or Algoma Public Health



Stay home for 14 days if you have confirmed or possible COVID-19



Call 911 if you start to feel very unwell (sick)