

# North Algoma COMMUNITY & HEALTHCARE SUPPORT DURING COVID-19

**Release:** May 28, 2020

## Community Support

### Wawa

Anyone with questions or requiring non-medical assistance can contact Michipicoten Memorial Community Centre for information regarding community support.

Monday - Friday  
(10 a.m. - 12 p.m. & 2 p.m. - 4 p.m.)  
705-856-2244 ext. 240

### White River

Anyone with questions or requiring non-medical assistance can contact the township office at 807-822-2450 (Mon-Fri, 8 - 4 p.m.)

*Available Truck Stop:* Husky/Esso - bathrooms, showers, and convenience store open 24 hours

### Dubreuilville

Lacroix Freshmart is offering free delivery of groceries to those in need in the community. Those interested can contact the grocer at: 705-884-2941.

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**Questions about recreation areas and activities (i.e. beaches, parks)?**  
Please contact your municipal office directly for more information.

Download this issue online: [www.algomapublichealth.com/bulletin](http://www.algomapublichealth.com/bulletin)



# Healthcare Support

## WAWA FAMILY HEALTH TEAM

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**Hours:** 8:30 AM - 4:30 PM (Monday - Friday)

**Status:** Telephone appointments only

**Contact:** 705-856-1313

**Message(s) to public:**

- All prescription refills are available over the phone, or local pharmacy

## NORTHERN NEIGHBORS NURSE PRACTITIONER-LED CLINIC

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**Hours:** 8:30 AM - 4:30 PM (Monday - Friday)

**Status:** Screening required on entry; all non-urgent appointments via telephone

**Contact:** 807-822-2320

**Message(s) to public:**

- Seniors only clinics Tuesdays & Fridays (9 AM - 10 AM)
- Urgent bloodwork and immunizations remain available

## DUBREUILVILLE MEDICAL CENTRE

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**Hours:** 8:30 AM - 4:30 PM (Monday - Friday)

**Status:** Telephone appointments only

**Contact:** 705-884-2884

**Message(s) to public:**

- All prescription refills are available over the phone, or local pharmacy



# Assessment Centre

Ontario has recently expanded the testing criteria for COVID-19 testing at all Assessment Centres.

Even if you have only one mild symptom, you can get tested. If you have no symptoms but you are an essential worker or if you think you have been exposed to someone with COVID-19, you can get tested.

North Algoma is home to 1 location. Please contact them to secure your appointment to get tested

## Wawa

**Hours:** 8:30 AM - 4:30 PM (Monday - Friday)

**Status:** By appointment only

**Contact:** 705-856-2244 ext. 244 or 705-856-2244 ext. 246

**Message(s) to public:**

- Patients will be screened and a telephone interview will be conducted to determine if testing is required

*Services:*

*Dubreuilville, Hawk Junction, Michipicoten First Nation, Missanabie Cree First Nation, Wawa and White River*

# Reopening Ontario - Stage 1

By Provincial Order, social gatherings remain restricted to no more than 5 persons, until at least June 9th. If you do gather, remember to stay at least 2 metres apart from non-household members.

Any questions regarding the re-opening can be sent to [healthyworkplaces@algomapublichealth.com](mailto:healthyworkplaces@algomapublichealth.com), or the Healthy Workplaces information line at (705)-942-4646 ext. 3273 or at 1-(866)-892-0172.

This email and phone line is answered by APH’s public health inspectors and public health nurses. You can also visit [www.algomapublichealth.com/healthyworkplaces](http://www.algomapublichealth.com/healthyworkplaces) for additional information and resources.

The following are allowed to open, while practicing physical distancing guidelines:

- Retail services that are not in shopping malls and have separate street-front entrances with measures in place that can enable physical distancing.
- Recreational activities for individual or single competitors, including training and sport competitions conducted by a recognized national or provincial sport organization. This includes indoor and outdoor non-team sport competitions that can be played while maintaining physical distancing and without spectators.
- Animal services, specifically pet care services, such as grooming and training, and regular veterinary appointments.
- Indoor and outdoor household services that can follow public health guidelines, such as housekeepers, cooks, cleaning and maintenance.

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# Face Coverings

**Wear a face covering when physical distancing is a challenge.**

*How to safely wear a cloth mask or face covering*

- Step 1:** Before putting on the mask, wash your hands
- Step 2:** Place the mask snugly over your mouth & nose, making sure there are no gaps
- Step 3:** Avoid touching your face & mask while using it. Do not leave the mask on your neck, forehead or hanging from your ear
- Step 4:** Change your mask as soon as it gets damp or soiled
- Step 5:** Remove the mask without touching the outside and launder it before wearing again
- Step 6:** Wash your hands & clean any surfaces that the dirty mask touches

## How to make your own cloth mask or facecovering.

- 1. Use 2+ layers of tightly woven fabric (e.g. cotton or linen)
- 2. Use ties or ear loops for a secure fit & for easy breathing
- 3. Ensure it's big enough to cover the nose & mouth without gaping
- 4. Be sure it does not interfere with your vision
- 5. Use different fabrics for each side to know which faces in or out

