# Sault Ste. Marie & Area COMMUNITY & HEALTHCARE SUPPORT

# **DURING COVID-19**

**Release:** May 28, 2020

# **Community Support**

### Sault Ste. Marie

(May 20, 2020) - The City of Sault Ste. Marie remains committed to protecting the health and safety of the community. In the early stages of the COVID-19 pandemic, the City set up a community hotline for residents to find programs and services aimed at helping those impacted. Due to a significant reduction in calls, the hotline will be adjusting its operating hours to Monday to Friday 8:30 a.m. to 4:30 p.m. – beginning this week.

The number to call is 705-574-1220 or email <a href="mailto:hotline@cityssm.on.ca">hotline@cityssm.on.ca</a>.

The mandate of the hotline is to offer a staffed community support line that provides:

- Information and referrals to accurate information sources
- Referrals to service providers who can meet a request
- Services for cases that cannot be assisted through other methods.

# **Laird Township**

The municipal administrative office is closed to the public. However, someone will be in office to take your calls and attempt to answer any questions you may have. The number for the office is 705-248-2395.

Pumpkin Point Park is closed to the public. It is understood that playground equipment is a transmitter of COVID-19. To ensure the safety of family and friends, please do not enter the park except to pass through to access personal property.

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# **Community Support**

## MacDonald, Meredith & Aberdeen Additional

If you or someone you know needs any kind of assistance we are here to help. Do you need help accessing groceries, medications or essential items?

Please call 705-987-1746 (Echo Bay & Area Food Bank) or 705-248-2441 (Municipal Office)

If there are any Seniors out there that just need someone to talk to, Please call Dr. Trefry Memorial Seniors Centre at 705-246-2625 and take advantage of their Telephone Reassurance Program

## **Prince Township**

The municipal building is closed to the public but staffed at this time. The Prince Fire will still respond to Medical and Fire calls with COVID-19 protective measures in place. Any residents that require non-medical assistance may call the municipal hall: 705-779-2992

The following facilities are closed until further notice:

- Municipal Office to the public, can still be reached by email or phone 705-779-2992
- EarlyOn center
- Library
- Rink
- Hall
- Prince Marina
- Municipal Playgrounds

Anyone needing assistance for groceries, prescription pick-ups can call the municipal office.

As of May 16,2020 at 12:01 AM The Gros Cap Marina will be open to the public while following COVID-19 safety standards.

Questions about recreation areas and activities (i.e. beaches, parks)? Please contact your municipal office directly for more information.



# **Assessment Centre**

Ontario has recently expanded the testing criteria for COVID-19 testing at all Assessment Centres.

Even if you have only one mild symptom, you can get tested. If you have no symptoms but you are an essential worker or if you think you have been exposed to someone with COVID-19, you can get tested.

Sault Ste. Marie has 1 location. Please contact them to secure your appointment to get tested

## Sault Ste. Marie

Hours: 8:30 AM - 8:00 PM (7 days a week)

Status: By appointment only

Contact: 705-759-3434 ext. 7152

#### Message(s) to public:

- Patients will be screened and a telephone interview will be conducted to determine if testing is required
- Call the contact number to determine if appointment is required

# Healthcare Support

# **ALGOMA NURSE PRACTITIONER-LED CLINIC**

Hours: 8:30 AM - 4:30 PM (Monday - Friday)

Status: Telephone appointments only

Contact: 705-942-4717

#### Message(s) to public:

• All prescription refills are available over the phone, or local pharmacy

## **GROUP HEALTH CENTRE**

Hours: 8:00AM - 8:00 PM (Monday - Friday)

Status: Screening upon entry

Contact: 705-759-1234

#### Message(s) to public:

- No medical appointment required for mild respiratory issues
- Patients must call ahead prior to appointment
- Non-urgent appointments either rescheduled or through telephone
- Physiotherapy and breast screening mammography is closed



## **SUPERIOR FAMILY HEALTH TEAM**

Hours: 9 AM - 12 PM, 1 PM - 4 PM (Monday - Thursday)

Status: All appointments via telephone only

Contact: 705-253-6599

Message(s) to public:

• For more information call or visit: <u>www.superiorfht.ca</u>.

## STATION MALL WALK-IN CLINIC

Hours: 9:30 AM - 4:30 PM (Monday - Friday), 9:30 AM - 1:30 PM (Saturday)

Status: Appointment only, no walk-ins, screened prior to entry

Contact: 705-450-1715

#### Message(s) to public:

• All prescription refills are available over the phone, or local pharmacy

• Patients to call or email to schedule appointment

## **WEST END WALK-IN CLINIC**

Status: Closed until further notice

# Reopening Ontario - Stage 1

By Provincial Order, social gatherings remain restricted to no more than 5 persons, until at least June 9th. If you do gather, remember to stay at least 2 metres apart from non-household members.

Any questions regarding the re-opening can be sent to healthyworkplaces@algomapublichealth.com, or the Healthy Workplaces information line at (705)-942-4646 ext. 3273 or at 1-(866)-892-0172.

This email and phone line is answered by APH's public health inspectors and public health nurses. You can also visit www.algomapublichealth.com/healthyworkplaces for additional information and resources.

The following are allowed to open, while practicing physical distancing guidelines:

- Retail services that are not in shopping malls and have separate street-front entrances with measures in place that can enable physical distancing.
- Recreational activities for individual or single competitors, including training and sport competitions conducted by a recognized national or provincial sport organization. This includes indoor and outdoor non-team sport competitions that can be played while maintaining physical distancing and without spectators.
- Animal services, specifically pet care services, such as grooming and training, and regular veterinary appointments.
- Indoor and outdoor household services that can follow public health guidelines, such as housekeepers, cooks, cleaning and maintenance.
- Lifting essential workplace limits on construction.



# **Face Coverings**

# Wear a face covering when physical distancing is a challenge.

# How to safely wear a cloth mask or face covering

- Step 1: Before putting on the mask, wash your hands
- Step 2: Place the mask snugly over your mouth & nose, making sure there are no gaps
- **Step 3:** Avoid touching your face & mask while using it. Do not leave the mask on your neck, forehead or hanging from your ear
- Step 4: Change your mask as soon as it gets damp or soiled
- Step 5: Remove the mask without touching the outside and launder it before wearing again
- Step 6: Wash your hands & clean any surfaces that the dirty mask touches

# How to make your own cloth mask or facecovering.

- 1. Use 2+ layers of tightly woven fabric (e.g. cotton or linen)
- 2. Use ties or ear loops for a secure fit & for easy breathing
- 3. Ensure it's big enough to cover the nose & mouth without gaping
- 4. Be sure it does not interfere with your vision
- 5. Use different fabrics for each side to know which faces in or out

#### Don't feel like making your own mask or facecovering?

Here's where you can go to find some to purchase here in Sault Ste. Marie: www.saulttogether.ca

These masks are supplied and support local businesses in Sault Ste. Marie.

