

Central & East Algoma COMMUNITY & HEALTHCARE SUPPORT DURING COVID-19

Release: May 28, 2020

Community Support

Bruce Mines

Contact Information for residents:

Municipal Office Inquiries	705-785-3493
Central Algoma Pharmacy	705-785-3555
Foster's Freshmart	705-785-3728
Vulnerable Persons Registry	www.soovpr.com
Bruce Mines Food Bank: 18 Williams Street - OPEN, 9:30-11:30 a.m. (Wednesday)	

The Campground is currently closed.
The "Give Away" buildings at the Thessalon Transfer Site
at Rose Township Landfill site will be closed.

Elliot Lake

Anyone over 70 years and anyone immunocompromised or living with chronic disease the City has created an *Age Friendly Task Force* and two new programs to help relieve some stress on our most vulnerable residents.

Age Friendly Delivers

Call 705-849-0970 or email: taskforce@elliottlake.ca or complete an online form that can be found on our COVID-19 Response page at www.elliottlake.ca

This free delivery service is for vulnerable persons in isolation who do not have a local contact or family to deliver essential items like food and hygiene products.

Questions about recreation areas and activities (i.e. beaches, parks)?
Please contact your municipal office directly for more information.

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Age Friendly Checks-In

The Elliot Lake Family Health Team is pleased to announce a new program initiative – Age Friendly Check-ins. The program will commence at the Family Health Team on Monday, June 1st, 2020.

The Age Friendly Check-in program was developed and organized by the City of Elliot Lake. The original purpose of the program was to meet the needs of our most vulnerable residents who were self-isolating when the COVID-19 pandemic began. The Family Health Team will offer the same call-out and email service for community members who do not have local contact or family to check in on them.

To access the service, members of the public can call the Family Health Team and speak with a Receptionist at 705-461-8882. This service is available Monday through Friday from 8:30 am to 4:30 pm.

For more information please contact our office at 705-461-8882.

You will need to submit your:

- Name, Address
- Phone Number and/or
- Email along with 1 or 2 emergency contact names and phone numbers

Clients have option to receive: a morning or evening phone call or email daily. This service is available: Monday to Sunday: 9 AM to 8 PM.

General questions about the program can be emailed to taskforce@elliottlake.ca

You can stay up to date on what Elliot Lake is doing to minimize the risk to the community and employees by visiting their '[Responding to COVID-19 in Elliot Lake](#)' page on their website.

Donations for the Emergency Foodbank and Maplegate are welcome at: elliottlake.ca, select: "I want to donate."

What's Open

Mississagi Park is now open for day use only. All washrooms are closed. No overnight camping permitted.

Plummer Additional

Residents who are self-isolated, vulnerable, or a snowbird returning to Canada and don't have area family or friends able to assist you with the deliver of prescriptions, or groceries, please contact:

Phone: 705-785-3479

Email: plumtwsp@onlink.net

Hilton

Municipal staff will continue to work regular hours and be available by phone or email to address any questions/concerns:

Phone: 705-246-2472

Email: admin@hiltontownship.ca

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Huron Shores

The Municipal Office is closed to the public at this time, we are still working and available for you. When calling the office during normal business hours, you will receive a live answer, if staff is available. Otherwise, please leave a message.

Municipal Office: 705-843-2033.

Public Works Superintendent: 705-542-6053

Clerk/Administrator: 705-542-5528

If you are in self-isolation, or for any reason require assistance in receiving groceries or other essential items, and do not have the support of family or friends, please contact the Clerk/Administrator. Arrangements will be made to assist in any way possible.

All Municipal Parks and the Village Park Ball Diamond are open to enjoy with members of your household, but the playground and equipment remain closed. Wash your hands before entering. When in the Park and Ball Diamond, every person is provincially legislated to maintain a physical distance of at least 2 metres from non-household members. Team sports are not permitted, unless with members of the same household. Please note that the benches and picnic tables are not cleaned, nor sanitized. If using these surfaces, it is recommended that you cover them and immediately launder the cover after each use.

Municipal Boat Launches remain open to local residents. Only boat with those in your immediate household. While waiting your turn to use the launch, be patient and respectful of others. Maintain physical distancing of at least 2 metres between yourself and those outside your household.

Jocelyn

Meals-on-Wheels, Friendly Phone Visiting, Transportation to Essential Medical Appointments

Phone: 705-246-0036

In-Store, Delivery or Curbside Pick-up of Groceries and Essentials

Island Market: 705-246-2500

Kentvale Home Hardware: 705-246-2002

Deliveries of Essentials

St. Joseph Island Lions Club volunteer delivery: 705-206-3229

Tarbutt & Tarbutt

If you require assistance of any kind please call or email the office between the hours of 9 a.m. - 4 p.m. (Mon - Fri)

Phone: 705-782-6776

Email: tarbutttownship@bellnet.ca or tarbutttownship2@outlook.com (after hours)

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Community Support

St. Joseph

Boating

As of Saturday May 16th the Municipal Marina boat launch will be open for self serve launching and docking only. Fuel will not be available at this time. Only boat with members of your own household and do not go out if you are ill.

Meals on Wheels

Meals on Wheels are not just for seniors (65+). It is available to the all seniors (young and old), and anyone with a disability and anyone who is recovering from illness or surgery. Home cooked meals are delivered hot to your home Mondays, Wednesdays and Fridays around NOON, for only \$8.25 per meal, with lower rates available based on income. Special diet restrictions can also be accommodated. The meals consist of an entrée, two sides, a bowl of soup made fresh the morning of delivery and a tasty dessert. Prescriptions and medical supplies can be delivered along with your Meals on Wheels free of charge from MacKay's Island Pharmacy or delivered to Matthews Memorial Hospital.

Gift certificates are available for purchase for someone already receiving meals or someone that could benefit from having meals delivered. For non-medical assistance or questions call or leave a message with Dr. Trefry Memorial Seniors Centre.

The North Shore

The North Shore Fire Dept is volunteering to provide delivery service to vulnerable citizens.

Phone: 705-849-7248

All boat launches, except for the Algoma Mills Causeway due to extensive damage from the weather last fall, are now open to the public. Please note that they are for launching only. No loitering or fishing from any docks.

Thessalon

Public access to the Municipal Offices will be suspended until further notice. For questions regarding services and payments please contact the office at (705) 842-2217 or townthess@bellnet.ca.

Effective Wednesday, May 20th seasonal residents of Thessalon Lakeside Park will be allowed access to the Park. Visitors, transient/overnight camping is still prohibited at this time.

The following restrictions will be in place and strictly enforced:

- Washroom facilities will remain closed
- The playground will remain closed.
- The baseball field may be access for non-team sports

As per the municipal fire ban in place, small contained fires will only be permitted for cooking and warmth.

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Community Support

Blind River

To read up on the latest news, food delivery programs or frequently asked questions visit: blindriver.ca

Food Delivery Program

Please call 705-356-2251 extension 222 to register an order or you can email your information to be contacted to info@blindriver.ca and they will call you.

What do I do if I see a blatant violation of the social distancing orders or bylaw?

- call the OPP non-emergency line: 1-888-310-1122
- call Town of Blind River bylaw enforcement at: 705-356-2251

Algoma Shelter Assistance Program

The Algoma District Services Administration Board (ADSAB) is helping individuals in urgent financial need through the Algoma Assistance Shelter Program which can assist with shelter costs (rent, taxes, mortgage utilities), emergency shelter and other urgent needs that are as a result of COVID-19. The Provincial Government has also expanded access to the temporary emergency assistance under the Ontario Works program for those in financial crisis who have no access to other supports.

Staff will be available to assist Monday - Friday (8:00 a.m. - 4:45 p.m.)

To access or apply for any of their services you can email: clientsupport@adsab.on.ca

You can call any of the local ADSAB offices and a worker will assist you with an application

Blind River: 705-356-2263 ext. 100

Thessalon: 705-842-3370 ext. 200

Elliot Lake: 705-848-7153 ext. 300 or 301

Wawa: 705-856-2303 ext. 400

Mental Health Services (Counselling Centre of East Algoma)

Crisis Response Service

Weekdays (Mon. to Fri.)

8:30am to 4:30pm

Crisis services are available by calling 705 848 2585, after hours: 1-800-721-0077

CCEA is here to provide accessible service, you are also encouraged to check out their website at www.ccea.life.

Other Useful Numbers

Mental Health Helpline: 1-866-531-2600

Kids Help Phone: 1-800-668-6868

OPP 24-HR Police Service: 1-888-310-1122 or 1-888-310-1133

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Assessment Centres

Ontario has recently expanded the testing criteria for COVID-19 testing at all Assessment Centres.

Even if you have only one mild symptom, you can get tested. If you have no symptoms but you are an essential worker or if you think you have been exposed to someone with COVID-19, you can get tested.

East Algoma is home to 3 locations. Please contact them to secure your appointment to get tested.

Elliot Lake

Hours: 9:30 AM - 2:00 PM (Monday - Friday)

Status: By appointment only

Contact: 705-462-8882

Message(s) to public:

- Patients will be screened and a telephone interview will be conducted to determine if testing is required
- Not everyone who attends the clinic will be swabbed

Blind River & Thessalon (North Shore Health Network)

Hours: 10:00 AM - 6:00 PM (7 days a week)

Status: By appointment only

Contact: Blind River: 705-356-2265 ext. 2661 or toll free: 1-888-425-0321

Thessalon: 705-356-2265 ext. 2662 or toll free: 1-888-425-0321

Message(s) to public:

- Patients will be screened and a telephone interview will be conducted to determine if testing is required
- Not everyone who attends the clinic will be swabbed
- Community members who feel they need to be assessed should fill out the form found at: www.nshn.care/covid19
- Once you submit the form, you can expect to be contacted by the assessment centre through a telephone conversation within 48 hours

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Healthcare Support

ELLIOT LAKE FAMILY HEALTH TEAM

Hours: 9:00 AM - 5:00 PM (Monday - Thursday); 9:00 AM - 4:30 PM (Friday)

Status: Cancelled all non-essential appointments

Contact: 705-461-8882

NORTH CHANNEL NURSE PRACTITIONER-LED CLINIC

Hours: 8:30 AM - 4:30 PM (Monday - Friday)

Status: Telephone appointments only

Contact: 705-842-9898

HURON SHORES FAMILY HEALTH TEAM

Hours: Call for appointment inquiries

Status: Non-urgent visits rescheduled, or done over phone

Contact: 705-356-1666

Message(s) to public:

- Please call ahead for appointments
- For prescription refills, call your pharmacy to fax the information over

CENTRAL ALGOMA HEALTH CENTRE (BRUCE MINES)

Hours: 8:30 AM - 12:30 PM, 1:30 PM - 4:30 PM (Monday - Friday)

Status: Screening required prior to entry, reduced non-essential appointments, telephone appointments available

Contact: 705-785-3495

Message(s) to public:

- Appointment only, no walk-ins
- All prescription refills available over the phone, or local pharmacy
- Accepting telephone and OTN appointments

THESSALON MEDICAL CLINIC

Hours: 8:30 AM - 4:30 PM (Monday - Friday)

Status: Telephone appointments only

Contact: 705-842-2905

Message(s) to public:

- All prescription refills are available over the phone, or local pharmacy

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Reopening Ontario - Stage 1

By Provincial Order, social gatherings remain restricted to no more than 5 persons, until at least June 9th. If you do gather, remember to stay at least 2 metres apart from non-household members.

Any questions regarding the re-opening can be sent to healthyworkplaces@algomapublichealth.com, or the Healthy Workplaces information line at (705)-942-4646 ext. 3273 or at 1-(866)-892-0172.

This email and phone line is answered by APH's public health inspectors and public health nurses. You can also visit www.algomapublichealth.com/healthyworkplaces for additional information and resources.

The following are allowed to open, while practicing physical distancing guidelines:

- Retail services that are not in shopping malls and have separate street-front entrances with measures in place that can enable physical distancing.
- Recreational activities for individual or single competitors, including training and sport competitions conducted by a recognized national or provincial sport organization. This includes indoor and outdoor non-team sport competitions that can be played while maintaining physical distancing and without spectators.
- Animal services, specifically pet care services, such as grooming and training, and regular veterinary appointments.
- Indoor and outdoor household services that can follow public health guidelines, such as housekeepers, cooks, cleaning and maintenance.

Questions about recreation areas and activities (i.e. beaches, parks)?
Please contact your municipal office directly for more information.

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Face Coverings

Wear a face covering when physical distancing is a challenge.

How to safely wear a cloth mask or face covering

Step 1: Before putting on the mask, wash your hands

Step 2: Place the mask snugly over your mouth & nose, making sure there are no gaps

Step 3: Avoid touching your face & mask while using it. Do not leave the mask on your neck, forehead or hanging from your ear

Step 4: Change your mask as soon as it gets damp or soiled

Step 5: Remove the mask without touching the outside and launder it before wearing again

Step 6: Wash your hands & clean any surfaces that the dirty mask touches

How to make your own cloth mask or facecovering

1. Use 2+ layers of tightly woven fabric (e.g. cotton or linen)
2. Use ties or ear loops for a secure fit & for easy breathing
3. Ensure it's big enough to cover the nose & mouth without gaping
4. Be sure it does not interfere with your vision
5. Use different fabrics for each side to know which faces in or out

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