



Protect our team

Feeling sick?
Stay home.



Algoma
PUBLIC HEALTH
Santé publique Algoma



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Take control.

Start tracking.

Got too close?

Record any instance of close contact.

- closer than 2 metres
- coughed or sneezed on
- direct physical contact

This information helps public health with contact tracing and helps **YOU** know if you are at risk.

Write down the **name, place, and date/time** of contact.

WASH YOUR HANDS



WET HANDS



SOAP & LATHER
(20 SEC.)



RINSE



TOWEL DRY



TURN OFF TAP
WITH TOWEL

Always wash your hands **BEFORE:**

- Handling ready-to-eat foods
- Starting work
- Preparing food
- Eating
- Handling clean utensils, silverware, plates

Always wash your hands **AFTER:**

- Handling raw foods, especially meat and poultry
- Eating or smoking
- Taking out the garbage
- Cleaning food preparation areas
- Cleaning washrooms
- Sneezing, coughing, or blowing your nose
- Going to the washroom
- Touching your hair, face or body
- Touching anything else that may contaminate hands (*including money*)
- Petting an animal



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