# What AYAA has to offer senior elementary and high school aged youth:

- ★ Fun
- ★ New friendships
- ★ Unique ways to earn high school community hours
- ★ A chance to have your voice heard by different levels of government
- ★ Opportunities to help our community and environment become tobacco-free
- ★ A chance to be part of building a stronger community
- ★ Opportunities to teach others about the benefits of healthy lifestyles and being tobacco-free
- ★ Develop media skills, such as designing ads, press releases and doing interviews
- ★ Workshops, conferences and training
- ★ Experiences to include on job, university or scholarship applications
- ★ And so much more!

# How do you get involved?

If you are interested please contact Corina Artuso, Youth Engagement Coordinator, at **705-942-4646 ext 3043** or **cartuso@algomapublichealth.com** for more information on meetings and upcoming events.

### You can also check out www.algomapublichealth.com/ayaa

Whether you're interested in learning or leadership opportunities, the Algoma Youth Action Alliance has something for everyone.

### **Everyone is welcome!**



January 2013

# Algoma Youth Action Alliance

Sault Ste. Marie Blind River Elliot Lake Wawa

# Who We Are:

The Algoma Youth Action Alliance is a youth-led, adult-supported coalition with four committees across the district interested in promoting healthy lifestyles, in particular being tobaccofree to youth and the community.



# What do committee reps do?

Once a month, committee reps get together after school to plan events and address health promotion issues focusing on tobacco prevention. In doing so, youth gain valuable skills that can be used in the future and help to make a difference in their community.

# Some great events AYAA Committees have organized:

#### Schools Without Borders Sault Ste. Marie

Schools Without Borders partnered with the Canadian Cancer Society and developed a Smoke Free Movies campaign to get onscreen tobacco use and images out of youth rated films. Activities included presentations to youth, poster contest, and Galaxy theatre ads.



Teens in Motion Wawa

Teens in Motion organized a Smoke Free Movies movie night to demonstrate how the tobacco industry uses movies to promote their harmful products.

As a result of youth campaign efforts in Sault Ste Marie and Wawa, Algoma Public Health Board of Health passed a resolution to support provincial Smoke Free Movies call to action.



### Creating a Youth-Friendly Space in Wawa

Teens in Motion partnered with the Lion's Club to create an inviting space at the local Lion's Club for youth to hold their meetings, trainings and events.



#### Teens in Action Elliot Lake

Teens in Action youth reps developed an interactive "Think it Thru" display and video to use as part of presentations. Think it Thru is about youth thinking for themselves and making decisions in risky situations that are right for them personally.



### S.T.E.A.L.T.H. Blind River

S.T.E.A.L.T.H youth reps voiced their support for a local Smoke Free Parks and Recreational Areas bylaw at a Blind River Town Council meeting. The bylaw was passed January 17, 2011. Youth reps demonstrated their support by educating the public about the bylaw.

STEALTH also partnered with project ABCD to work on a substance misuse campaign to identify gaps in knowledge and facilitate presentations.



### Blind River Youth Recognized by United Way for their Leadership

S.T.E.A.L.T.H. youth members were recognized for their leadership in promoting healthy lifestyles through the United Way Youth Spirit Award.

