Algoma PUBLIC HEALTH Santé publique Algoma

Scables

What is it?

A parasitic disease of the skin caused by a mite that can only be seen with a microscope.

What are the symptoms?

- The mites burrow into the skin and cause a very itchy rash.
- The rash looks like curvy white threads, tiny red bumps, or scratches and can appear anywhere on the body.
- Commonly found between fingers, on wrists and elbows, under the arms and around the belt line.
- In infants only, may be found on the head, neck, palms and soles.
- Commonly found on thighs and external genitalia in men.
- Commonly found on nipples, abdomen and the lower portion of the buttocks in women.
- Sometimes the rash looks very severe, e.g. crusting, scabbing and blistering.

How quickly do symptoms develop?

- Within 2 to 6 weeks after being in contact with an infected person.
- People who have been previously infested develop symptoms 1 4 days after re-exposure.

How is it spread?

- By direct skin-to-skin contact.
- Transfer from undergarments and bedclothes occurs only if these have been contaminated by infested people immediately beforehand.
- Can be acquired during sexual contact.

How long is it contagious?

- Until mites and eggs are destroyed by treatment.
- This is usually accomplished with 1 treatment.
- Children with scabies should not attend school/daycare until 1 treatment is received.

How is it treated?

- With a prescribed lotion or cream.
- A second application of treatment may be necessary after an interval of 7-10 days.
- All household members who have direct skin to skin contact should also receive treatment.
- Itching may persist for 1 2 weeks after treatment.

What can you do?

- After the cream or lotion is washed off change into fresh clothes and change the bed linens.
- Do not share your facecloth or towel.
- After treatment observe rash for the next week.
- If the rash is still spreading refer to the product directions regarding repeat of the treatment.

Whom should I talk to if I have any questions?

Communicable Disease Control, Algoma Public Health at (705) 942-4646, www.algomapublichealth.com, or your health care provider.