

STOP COVID-19

Don't feel well? Stay at home when you are sick.

Tell your mom, dad, or caregiver before you come to school.

Tell your teacher or an adult if you become sick at school.

Do you have any of the following?



Fever



Cough



Difficulty
breathing



Sore throat,
trouble swallowing



Runny nose
or red eyes



Loss of taste
or smell



Not feeling well, tired
or sore muscles



Nausea, vomiting,
diarrhea



Have you been in close contact with someone who is sick or has confirmed COVID-19 in the past 14 days?



Have you returned from travel outside Canada in the past 14 days?



If you answered YES to any of these questions, go home and self-isolate right away. Call Telehealth or your health care provider, to find out if you need a test.